

WHAT IS CLAIMED IS:

1 1. An angiotensin converting enzyme inhibitor,  
2 which is a composition containing peptides obtained by digesting fish  
3 meat with thermolysin enzyme,  
4 and wherein a content of a polypeptide ingredient having a molecular  
5 weight of at least 5000 is at most 10 % by weight.

1 2. An angiotensin converting enzyme inhibitor according to  
2 Claim 1, wherein the composition containing peptides comprises at least  
3 one selected from the group consisting of

4 Ile-Tyr, ✓

5 Phe-Gln-Pro, ✓

6 Ile-Leu-Tyr,

7 Ile-Tyr-Ala,

8 Ile-Lys-Trp, ✓

9 Leu-Lys-Tyr-Pro, ✓

10 Ile-Val-Arg-Asp,

11 Leu-Lys-Pro-Asn-Met, ✓

12 Ile-Trp-His-His-Thr, ✓

13 Ala-Leu-Pro-His-Ala, ✓

14 Ile-Lys-Pro-Leu-Asn-Tyr, ✓

15 Asp-Tyr-Gly-Leu-Tyr-Pro, and ✓

16 Ile-Val-Gly-Arg-Pro-Arg-His-Gln-Gly. ✓

Sub B2 1 3. An angiotensin converting enzyme inhibitor of Claim 1,  
2 wherein the fish meat is a dried fish.

sub B2  
cont.

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[illegible]

1           10. An angiotensin converting enzyme inhibitor of Claim 6,  
2    wherein the dried fish is a dried bonito.